

The Active Life

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MARCH – APRIL 2017

JEWISH COMMUNITY CENTER OF METROPOLITAN DETROIT

A PASSOVER MESSAGE



Passover, celebrating the greatest series of miracles ever experienced in history, is a time to

consider the extraordinary. But how are miracles achieved? Let's take a cue from the matzah. Flat and unflavored, it embodies humility. Through ridding ourselves of inflated egos, we are able to tap into the miraculous well of divine energy we all have within our souls.

CHAG SAMEACH!

Noemi Herzig
Director, Arts, Culture and Education

To make a donation to The Active Life, please contact Dina Routin at 248.432.5418 or droutin@jccdet.org

NEW TWO POTTERY CLASSES FOR ADULTS – EACH WEEK!



Our pottery classes have been so popular that we are offering a second class on Wednesdays at 11 a.m., starting March 1. Regular classes will continue

Thursdays at 11 a.m.

Pottery with Allison Berlin will be in the ceramic studio. \$5. RSVP: 248.432.5467. Or get one FREE class when you purchase a punch card for 12 sessions for \$55. Please check calendar for upcoming dates.



MULTI-MEDIA DRAWING CLASSES FOR ADULTS



Todd Larson is an artist and designer who holds a BFA from the University of Michigan School of Art and Design. He

teaches a multi-media (**charcoal, conte crayons, color pastel and graphite**) drawing class at the JCC on Thursdays 2-4 p.m. \$5 per class includes supplies and one-on-one instruction. All skill levels welcome.

RSVP: 248.432.5467

Please check calendar for upcoming dates.

ART TALK WITH WENDY EVANS



Thursday, March 23, 11 a.m.

“Detroit Institute of Art – European Collection”

The DIA's collection of European art is one of the largest and most distinguished in the United States. Newspaper publisher James Scripps gave the museum 100 Old Master paintings in 1889, the collection gained international stature with the purchases made by director William Valentiner, and it continues to grow.



Thursday, April 20, 11 a.m.

“Art in the Third Reich”

In the play “Taking Sides,” German conductor Wilhelm Furtwangler says: “Only tyrants understand the power of art.” Hitler certainly did.

This presentation

looks at Nazi-approved art, images the Nazis denigrated and considers how Hitler used art to promote his ideology and further racial, social and military objectives.

\$3. Marion & David Handleman Hall



ANYONE CAN PAINT, with Steve Wood and guest Rabbi Bergman

Congregation Adat Shalom March 29 at 11 a.m. \$20 per person. RSVP by March 27 to Rosa at 248.432.5467.



Steve Wood began painting when he was 35, later in life than most professional artists. Although basically self-taught, he has participated in many classes and workshops conducted by the country’s biggest names.

Steve discovered a passion to share his expertise with others and prove that you don’t have to be “born with the gift” to be a great painter. He has successfully taught more than 4,500 students how to paint. Now, the much-sought-after teacher paints with 350 students every month. Steve’s methods are applicable to beginners and advanced painters. His

ability to blend humor and encouragement results in a very enjoyable, relaxing experience. If you’ve ever had the desire to paint, Steve is the instructor to show you how!

In the fall of 2006, Steve launched and still hosts the popular television show “Anyone Can Paint,” seen throughout Michigan.



March 27 - 12:30 to 4:30 p.m.
March 28 - 12:30 to 4:30 p.m.

You must attend BOTH DAYS

Safety and savings go hand-in-hand with the new AARP Smart Driver Course, based on the latest driver safety research and insights.

Consult your insurance agent as you may be eligible for discounts after taking this course.

The fee for AARP members is \$15 and \$20 for non-members. Please have checks made out to AARP by the first class. (Cash is an option.)

The AARP Smart Driver Course teaches:

- Defensive driving techniques
- New traffic laws and rules of the road
- How to deal with aggressive drivers
- Navigating adverse weather conditions
- Roundabouts
- Pavement markings
- Stop-sign compliance
- Red-light running
- Safety issues like speeding, seatbelt and turn-signal use
- The latest automobile technology

LINE DANCING CLASSES (Adults)



Tuesdays 11 a.m. in the dance studio. \$5. RSVP: 248.432.5467



Take the **PATH** to Better Health

What is Chronic Pain PATH?

PATH is a six-week workshop to help those with ongoing health problems face daily challenges.

PATH will help you to learn how to:

- Deal with challenges of not feeling well
- Talk to healthcare workers and family
- Overcome stress and relax
- More easily handle everyday activities
- Incorporate exercise and nutrition
- Make decisions about treatment
- Make decisions about medications

Dates:

Thursdays, March 23 - April 27, 2017

Time: 10 a.m. to 12:30 p.m.

Cost: Just \$25 (suggested donation). Participants will receive the book "Living a Healthy Life with Chronic Conditions"

Pre-Registration Required:

Contact: 800.852.7795 or wellnessprograms@aaa1b.com

Space is limited to 16 people per workshop

WEDNESDAY MUSICAL MOVIE MATINEE



Wednesdays at 1 p.m.
Room 205. Please check calendar for upcoming dates

- March 1: "Carousel" (128 min.)
- March 8: "Chicago" (113 min.)
- March 15: "The King and I" (133 min.)
- March 22: "Mama Mia" (108 min.)
- April 5: "An American in Paris" (113 min.)
- April 19: "Singin' in the Rain" (103 min.)

LUNCH AND LEARN WITH RABBI LEIBY BURNHAM

- March 1 - *Hidden Story of Esther Part I*
- March 8 - *Hidden Story of Esther Part II*
- March 15 - *Hidden Story of Esther Part III*
- March 22 - *Hidden Story of Esther Part IV*
- March 29 - *The Deep Connection Between Purim & Pesach*

\$10 per event. RSVP: 248.583.2476

CHARLES & FRANCES DRIKER YIDDISH CONVERSATION CLUB

balagan klutz leyn heimish
 mensch drash schmutz
 naches kvetch yofi bashert
 mazel tov davka spiel
 macher shul bentsch nu?

Come and enjoy conversational Yiddish facilitated by Naomi Pinchuk

West Bloomfield

Monday, March 20 at 2 p.m.
\$2. Room 204.

Oak Park

Tuesday, March 14 and 28
Tuesday, April 25
Prentis Building

Advertise Here

Place your ad in this newsletter and reach 1,000+ homes!
 Full page \$200
 1/2 page \$150
 1/4 page \$100
 1/8 page (business size) \$75

VIRTUAL PRESENTATIONS

Facilitated by Ben Opengeym

Mondays at 11 a.m.

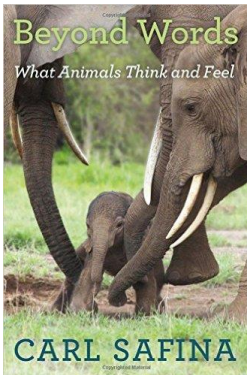
March 27



How trees talk to each other | Suzanne Simard

"A forest is much more than what you see," says ecologist

Suzanne Simard. Her 30 years of research led to an astounding discovery: trees talk, often and over vast distances. Learn more about the harmonious yet complicated social lives of trees and prepare to see the natural world with new eyes.



What are animals thinking and feeling? | Carl Safina

What's going on inside the brains of animals? Can we know what, or if, they're thinking and feeling? Carl Safina says we can. Using discoveries that span ecology, biology

and behavioral science, he weaves together stories of whales, wolves, elephants and albatrosses to argue that just as humans think, feel, use tools and express emotions, so, too, do other creatures that share the Earth with us.

April 24



The mad scientist of music, Mark Applebaum, breaks rules in fantastic

ways, composing a concerto for a florist and crafting a musical instrument from junk and found objects. This quirky talk might just inspire you to shake up the "rules" of your own creative work.

April 24

The transformative power of classical music | Benjamin Zander



Benjamin Zander has two infectious passions: classical music and helping us realize our untapped love for it - and by extension, our untapped love for all new possibilities, experiences and connections.

CLASSICAL MUSIC VIDEOS

Oak Park

Friday, March 17

Daniil Trifonov, piano, plays Bach/Liszt

Friday, April 21

Rachmaninoff: Symphonic Dances

Radio Philharmonic Orchestra, Edward Gardner, conductor

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Lanasta

Players needed on Tuesday afternoons.

For information: 248.432.5471



SHOLEM ALEICHEM INSTITUTE

In collaboration with The Active Life program presents: Professor Jeffrey Abt, from the Wayne State University Department of Art and Art History. Jeff specializes in the history of museums. He will talk about: ***When Judaism Went on Display*** April 2 at 2 p.m. Free of charge.

For more information about any of these programs, please visit jccdet.org



Supported by
The Jewish Federation
OF METROPOLITAN DETROIT

